

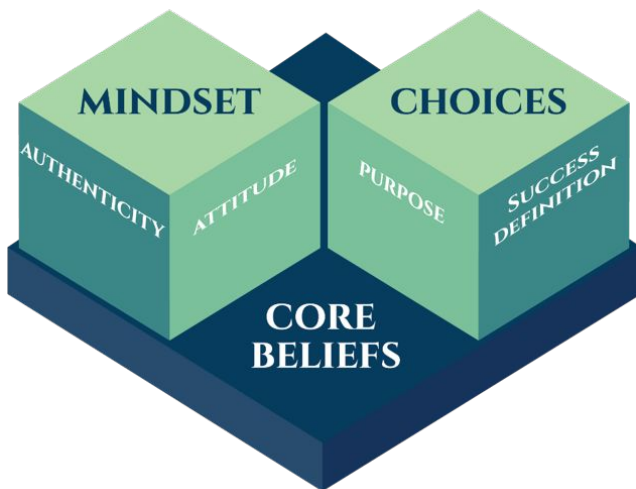


MAXIMIZE INDIVIDUAL & ORGANIZATIONAL RESILIENCE

Today's landscape of rapid, disruptive change compels leaders to assertively adapt to intense setbacks while adjusting to an evolving and expanding virtual reality. The skills required to tackle these challenges, process quickly, and emerge stronger demand a fresh mindset seldom captured in leadership programs. Our insightful, interactive and introspective Resilience Workshop cultivates the intentional preparation and critical thinking certain to foster resilience amid profound disruption.

RESILIENCE IS THE MOST VITAL SKILL FOR LEADERS TODAY

RESILIENCE IS A FUNCTION OF:



This 8-session program provides a proven framework to increase both individual and organizational resilience. This work accelerates the ability to find meaning in situations, process faster, and move through disruption effectively without stalling. It requires some introspective work and the process minimizes stress, reduces downtime, and increases leadership and team potential.

The Resilience Workshop has been specifically redesigned for online delivery to maximize interaction and sustainability direct from LeaderShift's new virtual studio.

INDIVIDUAL & TEAM OUTCOMES

AN INTENTIONAL APPROACH TO TOUGH SITUATIONS

- Internalization of what it takes to be more resilient, & the preparation required to process experiences faster
- Strategies for reacting effectively in the moment
- Approach disruption with a healthy attitude

THE ABILITY TO COME BACK STRONGER & MORE EFFECTIVE

- Internalize how to make more effective choices in tough situations that support your definition of success
- Increase resilience, stamina, and ability to come back stronger from difficult situations
- Increased ability to manage stress

INSIGHT INTO SELF-AWARENESS & PERSONAL FILTERS

- Increase authenticity to drive stronger engagement and increase adaptive capacity
- Clarify what success looks like and understand core belief systems that drive behavior
- Identify and realign personal filters that derail resilience

PLAN TO INCREASE ORGANIZATIONAL RESILIENCE

- Assessment of where your organization must focus to increase its resilience
- Strategies to create alignment and engage your team in building a more resilient organization
- Identify and avoid derailers of resilience

**RESILIENCE IS THE
MOST CRITICAL SKILL
FOR LEADERS &
ORGANIZATIONS
TODAY. WE CAN HELP
YOU BUILD IT.**



JENNIFER EGGERS | ATLANTA, GA



“We help you clarify the real issues and get them out on the table where they can be solved. Because you can’t solve what you’re not talking about.”

- JENNIFER EGGERS

YOUR PROGRAM LEADER

JENNIFER EGGERS is the Founder & President of LeaderShift® Insights Inc., a firm known for helping leaders dealing with disruptive change who want to increase their organization’s capacity to adapt so they can emerge stronger and more effective faster. A consultant, coach, best-selling author and speaker, Jennifer has a passion for creating alignment and resilience so your team can do more with what you already have. She is a masterful facilitator known for creating shared agendas and unraveling tough issues that hinder results.

With a unique ability to align diverse stakeholders and global experience in consulting and corporate roles, Jennifer’s integrated approach to creating alignment develops leaders at all levels while enabling learning and productive dialogue. She is the creator of RapidOD, a collaborative fast approach to organization restructuring, highly charged workshops on Influence, Resilience and Driving Sustainable Change.

With over 20 years of Coaching Experience, Jennifer has coached entire leadership teams as well as officers and directors of many Fortune 500 companies. She is known for repositioning personal brands, driving behavior change, and increasing senior leaders’ ability to drive performance through others. Her book, *Resilience: It’s Not About Bouncing Back* is a #1 international best seller.

Jennifer is a former Partner with Cambridge Leadership Group; Vice-President, Leadership Development & Learning for Bank of America; and has held several other senior roles in Learning, Organization & Leadership Development at AutoZone and Coca-Cola Enterprises. She has designed and executed large-scale initiatives including mergers, enterprise restructuring, talent management, performance-management and team development. Her kitchen English approach and proprietary research backed solutions resonate equally well from the shop floor to facilitating complex strategy and issues resolution sessions with C-Level Executives. She is a Strategic Partner with University of Georgia Executive Education, an Advanced Practitioner in Adaptive Leadership, and a member of the Adaptive Leadership Network at Harvard’s Kennedy School of Government.

CERTIFICATIONS: Certified Speaking Professional (CSP), Twice certified Executive Coach, Culture Types, Meyers Briggs Type Indicator, Hogan, Hogan for Selection, Mediation, Design for Six Sigma, Six Sigma Green Belt

AREAS OF EXPERTISE: Adaptive Leadership, Organization Design/Restructuring, Strategic Conversations, Global Leadership, Strategy Execution, Talent & Performance Management, Change Management, Leadership & Executive Development, Action Learning, Creating Alignment, High Performing Team Development

- State Bank & Trust
- AutoZone Parts Inc.
- BIC
- Honeywell
- The Home Depot

- Marsh Berry
- AvMed HealthCare
- Bank of America
- Call2Recycle
- Coca-Cola

- Delta
- Coca-Cola Enterprises
- Johnson & Johnson
- Mayo Medical Labs
- Biosense Webster

- University of GA
- Vanco
- Tencate
- SantaFe HealthCare
- Ingredient





THE LEADERSHIFT INSIGHTS TEAM

LeaderShift Insights® works with leaders and organizations going through disruption to increase their capacity to adapt so they can emerge stronger and more effective faster. We have extensive experience creating alignment with disparate stakeholders at some of the most successful and recognized brands in the world. We provide expertise in aligning and developing organizations and leaders, identifying and driving the capabilities needed to drive strategy, enabling sustainable change, and setting projects up for success so you can drive breakthrough results.

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~ JENNIFER EGGERS, PRESIDENT

We believe there are very few business challenges that cannot be overcome by improving leadership at all levels and creating alignment between people and business strategies. We provide pragmatic solutions that maximize your ability to drive results. Everything we do is designed to help you create an integrated approach to solving problems for good, while driving business performance that is entirely based on your specific situation. From developing leaders, to building and implementing innovative organization structures, and driving sustainable change, our work is based on years of experience, research, and best practices. Our people are experts at optimizing performance through organization alignment, managing talent, and enabling change.

WHO WE WORK WITH:

MID-SIZE AND LARGE ORGANIZATIONS

We work with corporate leaders and teams facing disruption who want to improve their capacity to adapt so they can emerge stronger and more effective faster. We have worked in 11 countries and over half US. *Our clients:*

- Increase revenue and profit
- Accelerate strategy execution
- Build higher performing teams
- Break down silos
- Get aligned and on the same page
- Do more with less
- Ensure that structure drives strategy
- Increase organizational resilience

LEADERS

In times of disruptive change and digital transformation, challenges are more complex, global, and cross-functional. Leaders must develop skills to think and act differently to mobilize people and create alignment. *Our clients:*

- Increase their ability to drive performance through others
- Build high performing cultures
- Demonstrate leadership breakthroughs
- Are better at mobilizing people
- Make progress on multiple issues
- Solve quantifiable cases
- Invite dissent to create alignment
- Are more resilient people
- Change perception
- See the big picture (strategy)

LEADERSHIP TEAMS & COHORTS

In over 2 decades of experience working with leadership teams, boards, and development cohorts, we help them get on the same page, surface and resolve cross-functional challenges, and drive large-scale change. *Our clients:*

- Demonstrate visible courage
- Drive accountability
- Improve change effectiveness and teamwork
- Save cost and increase revenue
- Resolve cross-functional issues
- Better engage their boards
- Are clear on what to focus on next

01

THE CASE FOR RESILIENCE

- What is Resilience and How Do We Build It?
- Characteristics of Resilient People & Organizations
- The Most Critical Skill of Leaders and Organizations Right Now

02

BUILDING A RESILIENT MINDSET – PART 1

- Being Authentic... how much is too much or not enough
- Are You Choosing Your Attitude Or It It Choosing You?
- Understanding Your Filters to Conquer Anger, Guilt & Resentment

03

BUILDING A RESILIENT MINDSET – PART 2

- What's Out of Alignment?
- How Our Comfort Zones Hold us Hostage...and How to Break Free
- How Payoffs Influence Our Choices

04

CHOICES THAT DRIVE RESILIENCE

- Making Intentional Choices\
- Building a Definition of Success

05

APPLYING PURPOSE TO CHOICES

- Getting Clear on Your Purpose in Every Situation
- Leveraging Purpose to Make Intentional Choices

06

CORE BELIEFS

- Know What You Stand For
- Core Beliefs Assessment

07

BUILDING ORGANIZATIONAL RESILIENCE

- Organizational Resilience Checklist
- Creating Alignment
- implementing an Organizational Resilience Framework

08

RESILIENCE ACTION PLAN

- Most Critical Next Step
- Derailers of Resilience in Organizations
- Gifts of Appreciation



Resilience WORKSHOP

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WANTS OF APPRECIATION